

Average Monthly Prices of 51 Essential Items for the month of September 2023

S. No.	Description	Unit	Islam-abad	Rawal-pindi	Gujran-wala	Sialkot	Lahore	Faisal-abad	Sar-godha	Multan	Baha-walpur	Karachi	Hyder-abad	Sukkur	Larkana	Pesha-war	Bannu	Quetta	Khuz-dar	Average Prices			%change Sep 23 over			
			Sep 23	Aug 23	Sep 22	Sep 23	Aug 23	Sep 22	Sep 23	Aug 23	Sep 22	Sep 23	Aug 23	Sep 22	Sep 23	Aug 23	Sep 22	Sep 23	Aug 23	Sep 22	Sep 23	Aug 23	Sep 22	Sep 23	Aug 23	Sep 22
1	Wheat Flour Bag	20 Kg	2935.45	2921.97	2776.36	2783.10	2762.41	2682.53	2779.73	2705.00	2773.33	3018.41	3016.39	2742.01	2849.63	2765.12	2722.47	2797.33	2931.54	2819.53	2823.53	1404.50	-0.14	100.75		
2	Rice Basmati Broken (Average Quality)	1 Kg	255.57	247.22	213.28	230.00	234.71	224.87	213.28	200.00	213.28	278.51	260.31	240.00	243.29	234.84	200.00	274.97	236.62	234.25	226.30	123.31	3.51	89.97		
3	Rice IRRI-6/9 (Sindh/Punjab)	1 Kg	154.70	129.41				160.00	173.27	176.04	180.00	175.40	192.86	164.92	186.43	196.33	178.29	184.95	176.60	172.65	158.45	94.44	8.96	82.81		
4	Bread plain (Small Size)	Each	120.00	120.00	117.42	110.00	117.42	110.00	100.00	117.42	117.42	120.00	120.00	120.00	109.54	105.72	100.00	114.65	100.00	112.67	107.67	77.97	4.64	44.50		
5	Beef with Bone (Average Quality)	1 Kg	995.73	947.97	800.00	800.00	868.14	800.00	750.00	821.85	782.97	920.53	712.18	700.00	800.00	685.65	700.00	849.96	732.95	799.39	795.03	685.29	0.55	16.65		
6	Mutton (Average Quality)	1 Kg	1995.37	1955.99	1800.00	1800.00	2032.79	1732.70	1400.00	1800.00	1532.62	1809.62	1574.39	1400.00	1732.70	1538.21	1400.00	1649.49	1465.90	1671.26	1658.11	1418.70	0.79	17.80		
7	Chicken Farm Broiler (Live)	1 Kg	383.93	377.69	353.78	360.26	349.03	372.00	358.77	380.48	342.02	411.76	405.84	385.90	376.35	381.78	389.79	433.00	515.42	385.15	413.68	288.81	-6.90	33.36		
8	Milk fresh (Un-boiled)	1 Ltr	212.34	211.77	200.00	160.00	157.02	186.43	146.59	175.14	139.94	225.39	200.00	200.00	213.12	211.59	160.00	200.00	180.00	185.19	182.09	141.73	1.70	30.66		
9	Curd (Dahi) Loose	1 Kg	232.35	231.08	220.00	180.00	184.97	220.00	180.00	213.69	166.41	322.17	276.56	220.00	220.00	228.46	176.60	220.00	200.00	214.30	211.01	164.22	1.56	30.50		
10	Powdered Milk NIDO 390 gm Polybag	Each	820.00	820.00	820.00	820.00	820.00	820.00	820.00	820.00	820.00	799.88	827.49	820.00	820.00	837.21	820.00	834.87	820.00	821.11	807.25	574.24	1.72	42.99		
11	Eggs Hen (Farm)	1 Dozen	302.55	299.28	295.79	294.96	292.17	298.69	292.17	281.99	291.20	305.49	311.34	300.00	300.00	299.26	303.18	312.44	299.15	298.72	293.51	238.16	1.78	25.43		
12	Mustard Oil (Average Quality)	1 Kg	697.21	674.55	474.34	494.92	518.96	558.03	500.00	500.00	500.00	541.58	422.56	407.48	508.17	631.64	459.79	584.92	546.65	525.18	529.01	523.36	-0.72	0.35		
13	Cooking Oil DALDA or Other Similar	Each	2960.00	2960.00	2950.00	3064.39	2984.90	2960.00	2950.00	3084.69	3010.00	2960.00	3110.00	2984.90	3060.00	2960.00	2666.00	2972.42	3000.00	2977.17	3039.94	2864.05	-2.06	3.95		
14	Vegetable Ghee DALDA/HABIB 2.5 kg	Each	1405.00	1405.00	1405.00	1409.97	1405.00	1412.44	1405.00	1419.92	1411.23	1405.00	1460.00	1427.32	1405.00	1405.00	1287.32	1420.00	1400.00	1404.80	1430.63	1397.53	-1.81	0.52		
15	Vegetable Ghee DALDA/HABIB or Other	Each	547.00	547.00	547.00	547.00	547.00	537.27	547.00	547.00	547.00	547.00	548.49	548.49	547.00	551.49	500.00	547.00	555.00	544.44	550.13	541.11	-1.03	0.62		
16	Bananas (Kela) Local	1 Dozen	199.50	171.75	140.00	122.42	132.49	106.27	114.89	148.82	124.07	96.92	103.43	127.75	102.74	154.30	124.85	126.17	130.50	128.73	133.52	93.49	-3.59	37.69		
17	Pulse Masoor (Washed)	1 Kg	375.65	355.26	334.89	340.00	317.82	347.08	325.69	346.05	328.08	348.86	352.41	342.25	311.51	339.63	329.53	304.12	346.63	337.54	285.75	321.12	18.12	5.11		
18	Pulse Moong (Washed)	1 Kg	308.07	287.16	274.86	258.69	270.40	258.84	280.00	280.68	270.75	309.78	310.84	320.00	313.19	273.17	259.90	313.62	313.19	287.61	269.94	245.60	6.55	17.11		
19	Pulse Mash (Washed)	1 Kg	580.68	558.49	550.00	544.93	549.47	558.71	550.79	553.86	553.28	561.33	540.02	540.00	520.00	539.42	540.00	549.87	393.31	538.59	499.57	382.47	7.81	40.82		
20	Pulse Gram	1 Kg	274.75	260.53	218.74	216.21	226.58	233.29	234.95	259.63	243.29	266.61	243.70	260.00	244.85	278.59	247.36	279.93	276.63	250.10	242.60	250.47	3.09	-0.15		
21	Potatoes	1 Kg	122.89	112.46	100.00	96.55	96.07	96.13	85.69	101.53	100.00	82.25	77.37	80.00	77.38	102.53	117.84	87.30	100.00	95.35	95.08	70.69	0.28	34.88		
22	Onions	1 Kg	121.15	110.91	94.87	96.31	93.15	84.06	82.81	90.98	91.41	81.28	81.77	72.38	63.01	100.22	79.13	56.09	62.50	84.39	65.96	109.02	27.94	-22.59		
23	Tomatoes	1 Kg	115.24	106.77	119.16	110.23	110.77	104.29	91.77	110.10	110.75	111.89	111.36	104.66	107.89	83.48	69.64	83.40	100.00	102.11	115.42	159.62	-11.53	-36.03		
24	Sugar Refined	1 Kg	170.62	172.30	164.74	165.53	168.26	163.22	162.15	161.41	163.58	167.06	161.70	153.79	162.87	170.99	164.74	177.37	167.73	165.69	154.91	87.46	6.96	89.45		
25	Gur (Average Quality)	1 Kg	217.23	203.15	200.00	220.00	243.68	273.30	234.08	269.17	241.64	259.40	257.88	242.14	200.00	266.62	220.00	257.96	236.62	236.61	219.68	137.03	7.71	72.67		
26	Salt Powdered (NATIONAL/SHAN) 800 gm	Each	60.00	60.00	64.81	67.35	60.00	60.00	67.35	60.00	70.00	60.00	50.00	60.00	50.00	67.35	60.00	60.00	60.00	60.76	57.89	39.15	4.96	55.20		
27	Chilies Powder NATIONAL 200 gm Packet	Each	400.00	400.00	400.00	400.00	400.00	400.00	400.00	400.00	400.00	400.00	400.00	400.00	400.00	400.00	400.00	400.00	400.00	400.00	385.66	215.84	3.72	85.32		
28	Garlic (Lehsun)	1 Kg	547.06	511.57	487.33	480.58	436.62	488.88	473.15	522.61	492.60	436.01	416.26	462.01	481.57	525.68	523.09	402.75	410.40	474.45	410.30	342.25	15.63	38.63		
29	Tea Lipton Yellow Label 190 gm Packet	Each	546.81	546.81	542.86	554.79	550.78	544.79	558.82	558.82	546.81	558.82	558.82	558.82	558.82	542.86	558.82	558.82	558.82	553.25	558.82	314.09	-1.00	76.14		
30	Cooked Beef at Average Hotel	Per Plate	265.18	247.25	375.00	300.00	217.75	300.00	250.00	259.62	273.17	309.86	271.49	200.00	240.00	182.92	250.00	319.90	293.18	264.10	260.40	207.58	1.42	27.23		
31	Cooked Daal at Average Hotel	Per Plate	201.59	181.06	140.00	120.00	133.18	150.00	120.00	120.93	132.99	148.74	150.70	120.00	120.00	115.98	120.00	139.76	139.76	136.86	132.59	107.22	3.22	27.64		
32	Tea Prepared Ordinary	Per Cup	64.80	64.14	60.00	50.00	49.47	52.33	50.00	60.00	40.00	67.91	64.81	55.00	53.13	39.15	50.00	70.00	50.00	54.61	53.11	40.00	2.82	36.53		
33	Cigarettes Capstan 20'S Packet	Each	220.00	220.00	220.00	220.00	220.00	220.00	220.00	220.00	220.00	232.99	220.00	220.00	220.00	226.62	220.00	230.00	230.00	222.29	221.87	112.39	0.19	97.78		
34	Long Cloth 57" Gul Ahmed/Al Karam	1 mtr	546.57	529.04	571.00	570.00	550.19	482.74	625.00	614.00	606.59	501.42	493.24	500.00	516.14	642.00	700.00	648.72	400.00	553.77	534.52	431.55	3.60	28.32		
35	Shirting (Average Quality)	1 mtr	555.59	523.91	346.41	370.00	378.25	604.47	561.63	400.00	586.59	372.22	313.19	229.58	313.19	444.32	450.00	229.85	265.66	390.67	378.74	299.25	3.15	30.55		
36	Lawn Printed Gul Ahmed/Al Karam	1 mtr	463.89	414.05	550.00	550.00	669.96	566.19	650.00	586.00	556.59	550.00	493.24	550.00	532.80	702.00	650.00	648.72	400.00	554.27	533.58	450.59	3.88	23.01		
37	Georgette (Average Quality)	1 mtr	306.85	295.80	200.00	300.00	315.58	350.00	346.63	251.09	233.14	271.72	209.76	206.46	265.66	233.46	160.00	199.83	251.43	253.07	248.55	202.94	1.82	24.70		
38	Gents Sandal Bata	Pair	2299.00	2299.00	2299.00	2299.00	2299.00	2299.00	2299.00	2299.00	2299.00	2299.00	2299.00	2299.00	2299.00	2299.00	2299.00	2299.00	2299.00	2299.00	2055.69	1499.00	11.84	53.37		
39	Gents Sponge Chappal Bata	Pair	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	379.00	0.00	58.05		
40	Ladies Sandal Bata	Pair	799.00	799.00	799.00	799.00	799.00	799.00	799.00	799.00	799.00	799.00	799.00	799.00	799.00	799.00	799.00	799.00	799.00	799.00	799.00	699.00	0.00	14.31		
41	Electricity Charges upto 50 Units	Per Unit	7.57	7.57	7.57	7.57	7.57	7.57	7.57	7.57	7.57	7.57	7.57	7.57	7.57	7.57	7.57	7.57	7.57	7.57	7.54	6.43	0.40	17.73		
42	Gas Charges upto 3.3719 MMBTU	MMBTU	295.00	295.00	295.00	295.00	295.00	295.00	295.00	295.00	295.00	295.00	295.00	295.00	295.00	295.00	295.00	295.00		295.00	295.00	141.57	0.00	108.38		
43	Firewood Whole	40 Kg	1643.17	1365.20	1400.00	1000.00	1527.92	1400.00	900.00	1208.19	1200.00	968.39	1000.00	700.00	816.33	968.67	700.00	1311.69	1032.28	1091.84	1088.32	870.08	0.32	25.49		
44	Energy Saver Philips 14 Watt	Each	271.48	260.40	550.00	575.00	210.00	365.93	550.00	575.00	272.70	316.14	350.00	250.00	350.00	240.00	250.00	350.00	300.00	336.38	329.68	243.11	2.03	38.37		
45	Sufi Washing Soap 250 gm Cake																									