

Average Monthly Prices of 51 Essential Items for the month of November 2023

S. No.	Description	Unit	Islam-abad	Rawal-pindi	Gujran-wala	Sialkot	Lahore	Faisal-abad	Sar-godha	Multan	Baha-walpur	Karachi	Hyder-abad	Sukkur	Larkana	Pesha-war	Bannu	Quetta	Khuz-dar	Average Prices			%change Nov 23 over	
			Nov 23	Oct 23	Nov 22															Nov 23	Oct 23	Nov 22	Oct 23	Nov 22
1	Wheat Flour Bag	20 Kg	2897.36	2891.46	2814.43	2825.83	2781.41	2742.56	2826.49	2755.11	2765.07	2685.20	2860.63	2651.19	2686.50	2800.69	2822.79	2771.02	2821.52	2787.37	2756.81	1517.14	1.11	83.73
2	Rice Basmati Broken (Average Quality)	1 Kg	254.82	245.28	213.28	220.00	234.71	223.28	215.27	200.00	186.43	271.69	232.66	240.00	213.11	250.00	190.00	254.97	223.28	226.40	230.99	127.69	-1.99	77.30
3	Rice IRRI-6/9 (Sindh/Punjab)	1 Kg	151.18	129.41				160.00	173.27	163.46	170.00	179.45	177.60	170.00	129.27	161.95	170.00	184.95	143.26	160.76	168.06	99.31	-4.34	61.88
4	Bread plain (Small Size)	Each	120.00	120.00	120.00	110.00	120.00	120.00	110.00	120.00	120.00	120.00	120.00	123.90	112.92	110.00	100.00	120.00	100.00	115.47	114.77	84.47	0.61	36.70
5	Beef with Bone (Average Quality)	1 Kg	1026.85	965.45	812.66	800.00	868.14	861.77	801.32	821.85	782.97	932.44	762.20	739.72	800.00	699.46	700.00	864.95	782.97	820.57	809.77	691.86	1.33	18.60
6	Mutton (Average Quality)	1 Kg	2029.23	1976.48	1800.00	1800.00	2032.79	1930.98	1503.28	1800.00	1532.62	1811.11	1582.88	1400.00	1732.70	1610.88	1400.00	1724.58	1500.00	1703.68	1688.54	1431.15	0.90	19.04
7	Chicken Farm Broiler (Live)	1 Kg	359.70	354.18	342.01	347.45	331.09	350.87	345.81	356.87	319.07	380.65	372.20	365.86	347.86	362.66	365.86	387.37	409.81	358.19	349.12	282.40	2.60	26.84
8	Milk fresh (Un-boiled)	1 Ltr	212.34	211.77	200.00	160.00	160.93	186.43	146.59	176.60	146.59	200.59	200.00	200.00	213.12	211.59	156.59	200.00	193.10	185.31	185.43	145.60	-0.06	27.27
9	Curd (Dahi) Loose	1 Kg	232.35	231.08	220.00	180.00	185.90	220.00	180.00	217.68	180.00	314.83	276.56	220.00	220.00	228.46	176.60	220.00	206.61	215.71	215.75	168.78	-0.02	27.81
10	Powdered Milk NIDO 390 gm Polybag	Each	828.64	824.25	820.00	820.00	820.00	820.00	820.00	820.00	820.00	810.23	830.00	820.00	820.00	826.65	820.00	850.00	820.00	822.89	823.45	632.16	-0.07	30.17
11	Eggs Hen (Farm)	1 Dozen	340.02	339.58	340.00	335.29	330.40	337.98	330.40	323.02	317.38	340.24	336.20	336.98	324.63	347.53	333.20	337.92	326.63	333.88	314.59	253.67	6.13	31.62
12	Mustard Oil (Average Quality)	1 Kg	687.35	667.24	423.93	480.00	500.87	600.00	500.00	497.74	459.79	486.80	376.69	351.62	497.02	616.22	440.18	574.75	522.24	502.74	512.60	523.44	-1.92	-3.95
13	Cooking Oil DALDA or Other Similar	Each	2798.65	2813.13	2928.85	2835.00	2835.00	2835.00	2798.65	2884.79	2892.66	2798.65	2914.77	2960.00	2914.77	2721.26	2510.90	2914.77	2860.26	2834.43	2928.87	2768.31	-3.22	2.39
14	Vegetable Ghee DALDA/HABIB 2.5 kg	Each	1353.52	1364.83	1390.08	1380.00	1380.00	1380.00	1380.00	1373.62	1385.82	1351.74	1387.99	1405.00	1395.98	1322.70	1204.96	1376.57	1326.41	1361.52	1392.21	1370.08	-2.20	-0.62
15	Vegetable Ghee DALDA/HABIB or Other	Each	512.98	512.98	517.78	514.98	514.98	495.28	512.98	514.98	520.90	514.98	527.97	524.48	530.02	505.95	480.00	522.13	529.73	514.74	534.92	527.91	-3.77	-2.49
16	Bananas (Kela) Local	1 Dozen	191.94	149.85	115.70	123.24	98.78	96.97	98.54	130.89	122.41	93.37	85.86	103.09	87.90	113.22	107.57	100.52	112.92	111.36	116.41	102.36	-4.34	8.79
17	Pulse Masoor (Washed)	1 Kg	361.43	334.13	315.83	318.74	312.42	326.97	322.62	311.14	311.84	325.04	318.58	307.46	318.63	315.23	303.90	329.63	327.26	320.98	323.01	262.44	-0.63	22.31
18	Pulse Moong (Washed)	1 Kg	288.20	272.48	263.95	250.00	270.40	263.36	280.00	268.68	256.62	289.99	283.07	290.00	278.44	266.82	261.81	319.93	305.21	276.47	279.57	246.27	-1.11	12.26
19	Pulse Mash (Washed)	1 Kg	565.57	548.99	509.93	514.98	535.21	538.84	556.65	536.12	522.62	538.07	520.58	510.00	491.74	526.65	535.94	564.97	373.21	520.96	529.88	366.33	-1.68	42.21
20	Pulse Gram	1 Kg	250.06	239.40	215.85	209.90	207.45	225.25	205.82	226.70	217.22	240.20	221.42	220.00	224.47	255.85	229.26	280.93	243.29	229.43	234.86	233.06	-2.31	-1.56
21	Potatoes	1 Kg	148.21	135.43	122.53	125.83	130.28	112.27	102.52	129.53	106.32	89.39	79.96	80.00	84.73	105.21	103.71	92.29	100.00	106.92	98.13	73.02	8.96	46.43
22	Onions	1 Kg	159.82	147.86	131.65	134.93	140.09	125.90	119.17	132.71	124.79	130.24	138.84	120.79	123.50	125.49	119.32	107.98	96.55	127.42	106.10	176.20	20.09	-27.68
23	Tomatoes	1 Kg	198.11	184.43	184.05	178.85	192.73	163.04	141.49	158.21	158.77	152.13	136.01	142.22	153.72	158.14	144.15	148.66	167.77	161.49	112.80	205.30	43.16	-21.34
24	Sugar Refined	1 Kg	144.03	143.14	138.95	140.24	140.96	136.52	140.00	134.25	133.60	133.34	131.78	129.56	136.33	140.46	135.06	161.90	142.10	138.79	148.93	90.68	-6.81	53.05
25	Gur (Average Quality)	1 Kg	217.23	203.15	180.00	203.85	201.84	200.00	200.65	222.18	180.00	243.62	235.09	180.00	153.27	212.48	190.40	276.87	213.93	204.95	224.45	135.50	-8.69	51.25
26	Salt Powdered (NATIONAL/SHAN) 800 gm	Each	70.00	70.00	70.00	70.00	65.81	70.00	70.00	67.87	70.00	70.00	70.00	67.87	61.19	70.00	60.00	60.00	66.49	67.50	63.67	45.08	6.02	49.73
27	Chilies Powder NATIONAL 200 gm Packet	Each	400.00	400.00	400.00	400.00	400.00	400.00	400.00	400.00	400.00	400.00	400.00	400.00	400.00	400.00	400.00	400.00	400.00	400.00	400.00	218.67	0.00	82.92
28	Garlic (Lehsun)	1 Kg	608.69	573.94	558.73	558.73	516.61	568.84	540.04	618.81	561.67	450.45	437.91	593.08	529.74	598.96	609.68	541.40	562.96	552.38	520.20	336.31	6.19	64.25
29	Tea Lipton Yellow Label 190 gm Packet	Each	619.89	619.93	619.88	542.86	647.91	619.88	570.84	647.91	638.43	544.29	552.38	546.18	627.11	593.07	542.85	542.85	558.82	588.93	549.46	381.53	7.18	54.36
30	Cooked Beef at Average Hotel	Per Plate	284.75	255.83	375.00	300.00	217.75	300.00	250.00	300.00	273.17	316.87	279.31	200.00	240.00	193.10	250.00	344.98	319.68	272.25	270.27	216.75	0.73	25.61
31	Cooked Dal at Average Hotel	Per Plate	201.59	185.22	140.00	120.00	133.18	155.92	120.00	122.07	132.99	151.67	161.68	120.00	120.00	115.98	120.00	139.76	173.07	139.91	139.26	109.16	0.47	28.17
32	Tea Prepared Ordinary	Per Cup	66.49	65.14	60.00	50.00	49.47	61.88	53.13	60.00	45.73	68.19	65.31	60.00	58.56	40.13	50.00	70.00	50.00	56.65	55.48	41.22	2.11	37.43
33	Cigarettes Capstan 20'S Packet	Each	220.00	220.00	220.00	220.00	220.00	220.00	220.00	220.00	220.00	232.99	220.00	220.00	220.00	230.00	220.00	227.96	223.28	221.98	222.13	114.21	-0.07	94.36
34	Long Cloth 57" Gul Ahmed/Al Karam	1 mtr	558.83	543.83	571.00	570.00	550.19	482.74	650.00	614.00	606.59	583.00	494.92	500.00	516.14	642.00	700.00	648.72	400.00	561.74	558.33	450.01	0.61	24.83
35	Shirting (Average Quality)	1 mtr	568.98	537.22	400.00	370.00	378.25	748.89	566.65	503.34	586.59	402.76	332.79	229.58	313.19	444.32	450.00	229.85	287.46	411.04	401.57	310.61	2.36	32.33
36	Lawn Printed Gul Ahmed/Al Karam	1 mtr	476.27	426.41	550.00	550.00	669.96	566.19	650.00	586.00	556.59	552.62	494.92	550.00	532.80	702.00	650.00	648.72	400.00	556.36	556.17	459.59	0.03	21.06
37	Georgette (Average Quality)	1 mtr	306.85	295.80	200.00	300.00	315.58	350.00	346.63	251.09	256.27	302.60	209.76	206.46	265.66	236.33	160.00	199.83	276.97	257.74	254.26	211.92	1.37	21.62
38	Gents Sandal Bata	Pair	2299.00	2299.00	2299.00	2299.00	2299.00	2299.00	2299.00	2299.00	2299.00	2299.00	2299.00	2299.00	2299.00	2299.00	2299.00	2299.00	2299.00	2299.00	2299.00	1499.00	0.00	53.37
39	Gents Sponge Chappal Bata	Pair	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	379.00	0.00	58.05
40	Ladies Sandal Bata	Pair	799.00	799.00	799.00	799.00	799.00	799.00	799.00	799.00	799.00	799.00	799.00	799.00	799.00	799.00	799.00	799.00	799.00	799.00	799.00	699.00	0.00	14.31
41	Electricity Charges upto 50 Units	Per Unit	7.40	7.40	7.40	7.40	7.40	7.40	7.40	7.40	7.40	7.40	7.40	7.40	7.40	7.40	7.40	7.40	7.40	7.40	8.05	6.57	-8.07	12.63
42	Gas Charges for Q1	MMBTU	846.99	846.99	846.99	846.99	846.99	846.99	846.99	846.99	846.99	846.99	846.99	846.99	846.99	846.99	846.99	846.99		846.99	295.00	141.57	187.12	498.28
43	Firewood Whole	40 Kg	1643.17	1365.20	1400.00	1000.00	1532.62	1452.48	932.69	1247.50	1200.00	1022.57	1000.00	712.57	816.33	987.30	795.81	1349.38	1032.28	1114.91	1103.13	961.04	1.07	16.01
44	Energy Saver Philips 14 Watt	Each	271.48	260.40	550.00	575.00	210.00	365.93	550.00	575.00	272.70	350.00	350.00	250.00	350.00	240.00	250.00	350.00	300.00	338.40	337.81	251.62	0.17	34.49
45	Sufi Washing Soap 250 gm Cake	Each	131.62	131.29																				